

Anti-Cardiolipin

- 96 determinations -



IVD *In vitro* diagnostic device

Enzyme immunoassay for the determination of IgG and/or IgM antibodies to Cardiolipin in human serum and plasma

REF	Catalogue number	LOT	Batch code
	Consult accompanying documents		Manufactured by
	Temperature limitation		Use by
	Consult operating instruction		Biological risk



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INTENDED USE

Anti-Cardiolipin is used for the quantitative determination of IgG and/or IgM antibodies to Cardiolipin in human serum or plasma for the diagnosis of anti-phospholipid antibody syndrome (APAS).

APAS is an autoimmune disorder comprising such clinical symptoms like arterial or venous thrombosis, thrombocytopenia and recurrent foetal loss. Primary APAS as well as systemic lupus erythematosus (SLE) are characterized by the appearance of autoantibodies to negatively charged phospholipids including Cardiolipin antibodies (1). Although significance and pathological relevance of phospholipid antibodies are not completely revealed yet, the detection of such autoantibodies is widely established and plays an important role in the diagnostics of systemic autoimmune diseases.

Unlike Cardiolipin antibodies which appear in some infectious disease patients autoimmune patients exhibit Cardiolipin antibodies that seem to recognize Cardiolipin in association with a plasma protein cofactor. This cofactor has been identified as β_2 glycoprotein-I (β_2 GP-I) (apolipoprotein H) (2,3). β_2 GP-I, a serum protein with a molecular weight of 50 kDa, affects platelet aggregation and coagulation.

The positively charged fifth domain of β_2 GP-I interacts with negatively charged phospholipids such as Cardiolipin. This interaction results in conformational changes of the protein and the creation of new epitopes apparently recognized by autoimmune Cardiolipin autoantibodies.

- (1) Harris EN, Gharavi AE, Boey ML, Patel BM, Mackworth-Young GG, Loizou S and Hughes GRV: Anticardiolipin antibodies: detection by radioimmunoassay and association with thrombosis in systemic lupus erythematosus. *Lancet* 1983 11:1211
- (2) Galli M, Comfurius P, Maassen C, Hemker HC, DeBaets MHVan Breda-Vriesman PJC, Barbui T, Zwaal RFA, Bevers EM: Anticardiolipin antibodies (ACA) directed not to cardiolipin but to a plasma protein factor. *Lancet* 1990 335:1544-1547
- (3) McNeil HP, Simpson RJ, Chesterman CN, Krilis SA: Anti-phospholipid antibodies are directed against a complex antigen that includes a lipid-binding factor of coagulation: beta 2-glycoprotein I (apolipoprotein H). *Proc Natl Acad Sci USA* 1990 87:4120-4124

PRINCIPLE of the TEST

Anti-Cardiolipin is an enzyme immunoassay for the quantitative determination of IgG and/or IgM antibodies to Cardiolipin.

The antibodies of the standards, control and diluted patient samples react with an antigen complex consisting of Cardiolipin and its cofactor β_2 GP-I immobilized on the solid phase of microtiter plates. The use of highly purified β_2 GP-I guarantees the specific binding of autoimmune related Cardiolipin antibodies of the specimen under investigation. Following an incubation period of 60 min at room temperature, unbound sample components are removed by a wash step.

The bound antibodies react specifically with anti-human-IgG or anti-human-IgM conjugated to horseradish peroxidase (HRP) within the incubation period of 30 min at room temperature (RT). Excessive conjugate is separated from the solid-phase immune complexes by the following wash step.

HRP converts the colorless substrate solution of 3,3',5,5'-tetramethylbenzidine (TMB) added into a blue product. The enzyme reaction is stopped by dispensing an acidic solution into the wells after 15 min at room temperature turning the solution from blue to yellow.

The optical density (OD) of the solution at 450 nm is directly proportional to the amount of specific antibodies bound. The standard curve is established by plotting the antibody concentrations of the calibrators (x-axis) and their corresponding OD values (y-axis) measured. The concentration of antibodies of the specimen is directly read off the standard curve. Evaluating the test by a semi-quantitative method using a cut-off calibrator is also possible.

PATIENT SAMPLES

Specimen collection and storage

Blood is taken by venipuncture. Serum is separated after clotting by centrifugation. Plasma can be used, too. Lipaemic, hemolytic or contaminated samples should not be run.

Repeated freezing and thawing should be avoided. If samples are to be used for several assays, initially aliquot samples and keep at -20 °C.

Preparation before use

Allow samples to reach room temperature prior to assay. Take care to agitate serum samples gently in order to ensure homogeneity.

Note: *Patient samples have to be diluted 1 + 100 (v/v), e.g. 10 µl sample + 1.0 ml sample diluent (C), prior to assay.*

The samples may be kept at 2 - 8 °C for up to three days. Long-term storage requires -20 °C.

TEST COMPONENTS FOR 96 DETERMINATIONS

A	Microtiter plate , 12 breakable strips per 8 wells (total 96 individual wells) coated with cardiolipin complex	1 vacuum sealed with desiccant
Ag	96	
B	Concentrated wash buffer sufficient for 1000 ml solution	100 ml concentrate capped white
BUF		
WASH	10 x	
C	Sample diluent	100 ml ready for use capped black
DIL		
D	Conjugate containing anti-human-IgG- (sheep) coupled with HPR	15 ml ready for use capped red
CONJ	G	
E	Conjugate containing anti-human-IgM- (sheep) coupled with HPR	15 ml ready for use capped green
CONJ	M	
F	Substrate 3,3',5,5'-tetramethylbenzidine in citrate buffer containing hydrogen peroxide	15 ml ready for use capped blue
SOLN		
TMB		
G	Stop solution 0.25 M sulfuric acid	15 ml ready for use capped yellow
H2SO4	0.25M	
0 - 4	Calibrators (diluted sera) conc.: 1, 10, 30, 100, 300 U/ml	1 ml each ready for use capped white
CAL		
P	Positive control (diluted serum) conc.: see leaflet enclosed	1 ml ready for use capped red
CONTROL	+	
N	Negative control (diluted serum) conc.: see leaflet enclosed	1 ml ready for use capped green
CONTROL	-	

Materials required

- multi-channel pipette 50 - 200 µl trough for multi-channel pipette
- microplate reader with optical filters for 450 nm and 620 nm or 690 nm

Size and storage

Anti-Cardiolipin has been designed for 96 determinations.

The expiry date of each component is reported on its respective label that of the complete kit on the box labels.

Upon receipt, all components of the Anti-Cardiolipin have to be kept at 2 - 8 °C, preferably in the original kit box.

After opening all kit components are stable for at least 2 months, provided proper storage.

Preparation before use

Allow all components to reach room temperature prior to use in the assay.

The microtiter plate is vacuum-sealed in a foil with desiccant. The plate consists of a frame and strips with breakable wells. Allow the sealed microplate to reach room temperature before opening. Unused wells should be stored refrigerated and protected from moisture in the original cover carefully resealed.

Prepare a sufficient amount of wash solution by diluting the concentrated wash buffer 10 times (1 + 9) with de-ionized or distilled water. For example, dilute 8 ml of the concentrate with 72 ml of distilled water per strip. The wash solution prepared is stable at 2 - 8 °C up to 30 days.

Make sure the soak time of the wash buffer in the wells is at least 5 seconds per wash cycle.

Avoid exposure of the TMB substrate solution to light!

ASSAY PROCEDURE

- Dilute patient sera with sample diluent (C) 1 + 100 (v/v), e.g. 10 µl serum + 1.0 ml sample diluent (C).
- Avoid any time shift during pipetting of reagents and samples.

1. Bring all reagents to room temperature (20...25°C) before use. Mix gently without causing foam.
2. Dispense **100 µl** calibrators (0 optional) 1 - 4 (quantitative) or **100 µl** calibrator 1 (semi-quantitative) **100 µl** control P (N optional) **100 µl** diluted patient samples into the respective wells.
3. Incubate **60 min** at room temperature (20...25°C).
4. Decant, then wash each well **three** times using **300 µl** wash solution (made of B).
5. Add **100 µl** of conjugate (D or E) solution to each well.
6. Incubate **30 min** at room temperature (20...25°C).
7. Decant, then wash each well **three** times using **300 µl** wash solution (made of B).
8. Add **100 µl** of substrate (F) to each well.
9. Incubate **15 min protected from light** at room temperature (20...25°C).
10. Add **100 µl** of stop solution (G) to each well and mix gently.
11. Read the OD at **450 nm** versus 620 or 690 nm within 30 min after adding the stop solution.

DATA PROCESSING

Anti-Cardiolipin allows both the quantitative (4 + 1 calibrators) and semi-quantitative (calibrator 1 for cut-off determination) evaluation of the results.

Quantitative evaluation

The standard curve is established by plotting the mean OD-values of the calibrators 0, 1 - 4 on the ordinate, y-axis, (lin. scale) versus their respective anti-cardiolipin concentrations on the abscissa, x-axis, (log. scale). Anti-cardiolipin concentrations of the unknown samples are directly read off in U/ml against the respective OD values.

Using the recommended dilution of 1 + 100 (v/v) for patient's sera, no correction factor is necessary, as all other components of the kit are supplied accordingly.

Semi-quantitative evaluation

Results are interpreted by calculating the binding index (BI) using **calibrator 1 (10 U/ml)** as **cut-off calibrator**. The BI is the ratio of the OD-value of a sample to the cut-off OD-value (CAL 1).

$$BI = OD_{\text{sample}} / (OD_{\text{calibrator 1}})$$

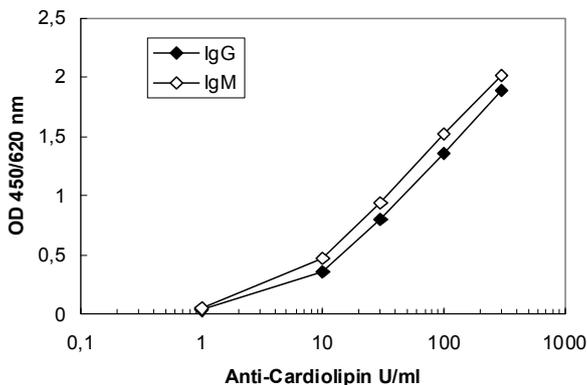
Both evaluation variants of Anti-Cardiolipin may be achieved also with computer assisted analysis software integrated in the photometers.

Example of Typical Assay Results

IgG	OD 1	OD 2	mean OD	U/ml
Calibrator 0	0.038	0.036	0.037	1
Calibrator 1	0.343	0.367	0.355	10
Calibrator 2	0.791	0.816	0.804	30
Calibrator 3	1.341	1.367	1.354	100
Calibrator 4	1.875	1.899	1.887	300
Patient 1	0.661	0.677	0.669	24

IgM	OD 1	OD 2	mean OD	U/ml
Calibrator 0	0.048	0.053	0.050	1
Calibrator 1	0.471	0.467	0.469	10
Calibrator 2	0.936	0.948	0.942	30
Calibrator 3	1.512	1.539	1.525	100
Calibrator 4	2.002	2.034	2.018	300
Patient 1	1.061	1.077	1.069	40

TYPICAL STANDARD CURVES



Specimens with an OD > calibrator 4 should be diluted with higher volumes of sample diluent and tested again. Results are multiplied with the dilution factor chosen.

Test validity

The test run is valid if:

- the mean OD of the calibrator 4 is ≥ 1.2
- Concentration of Control P see leaflet enclosed
- Control N is negative

If the above mentioned quality criteria are not met, repeat the test and make sure that the test procedure is followed correctly (incubation times and temperatures, sample and wash buffer dilution, wash steps etc.). In case of repeated failure of the quality criteria contact your supplier.

REFERENCE VALUES

Anti-Cardiolipin	U/ml	BI
positive	≥ 10	$\geq 1,0$
negative	< 10	$< 1,0$

It is recommended that each laboratory establishes its own normal and pathological reference ranges for serum anti-cardiolipin levels, as usually done for other diagnostic parameters, too. Therefore, the above mentioned reference values provide a guide only to values which might be expected.

Limitations of Method

Healthy individuals should be tested negative by the Anti-Cardiolipin. However, cardiolipin autoantibody positive apparently healthy persons do occur.

Any clinical diagnosis should not be based on the results of in vitro diagnostic methods alone. Physicians are supposed to consider all clinical and laboratory findings possible to state a diagnosis.

CHARACTERISTIC ASSAY DATA

Calibration

Anti-Cardiolipin is calibrated according to the reference sera of E.N. Harris, Louisville, USA.

Linearity

Dilutions of selected specimens in Cardiolipin antibody free human serum are determined according to the expected theoretical values with Anti-Cardiolipin.

Sensitivity

The analytical sensitivity of the Anti-Cardiolipin is 2 and 1 U/ml for anti-Cardiolipin IgG and IgM, respectively.

Precision

Intraassay coefficient of variation (n = 20)

sample	IgG		IgM	
	U/ml	C.V. (%)	U/ml	C.V. (%)
serum 1	227,5	5,1	110,5	3,6
serum 2	54,6	7,3	15,0	3,5
serum 3	9,3	7,7	3,2	2,7

Interassay coefficient of variation (n = 5 x 10)

sample	IgG		IgM	
	U/ml	C.V. (%)	U/ml	C.V. (%)
serum 1	209,5	12,7	131,6	6,2
serum 2	56,8	8,3	15,8	4,0
serum 3	9,7	4,2	3,3	3,0

